

# Flute and Fife Book

Version 1



Name / Class

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# Looking after your instrument

Be really careful with your instrument, it is yours to use for as long as you are having lessons with us - which could be for the next 10 years!

Make sure you leave your instrument in the case unless you are playing it.

Do play it often - the more you play the better you will become!



Be careful with your instrument - it is not a toy and can be broken really easily. If any screws appear to come loose tell your teacher.

# A guide to the notes we use



**Walk**

One steady beat



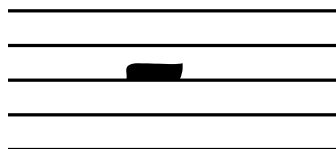
**Running**

One steady beat, half a beat each



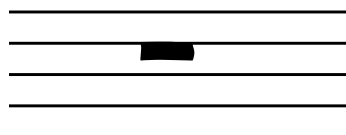
**Stroll**

Two steady beats



**Snooze**

Four steady beats



# Bad hand positions



Don't rest the fife between your first finger and thumb.

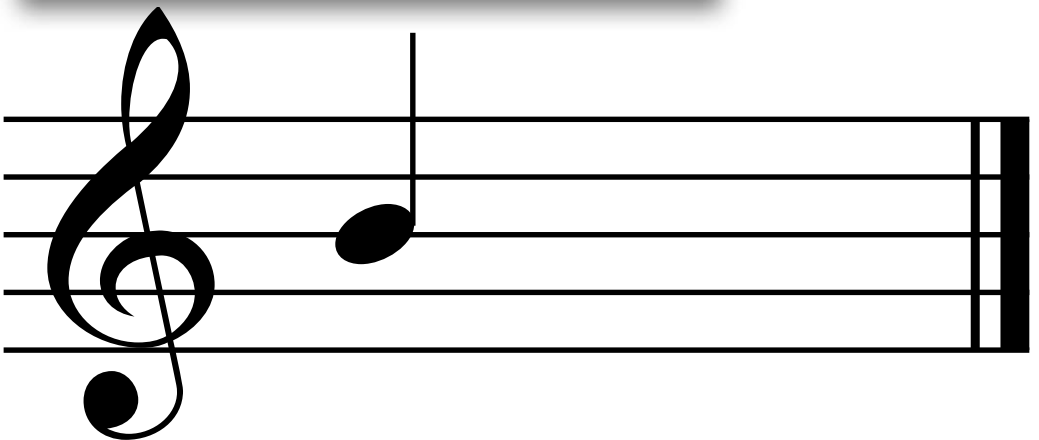


Don't leave a gap between your first finger and the fife.

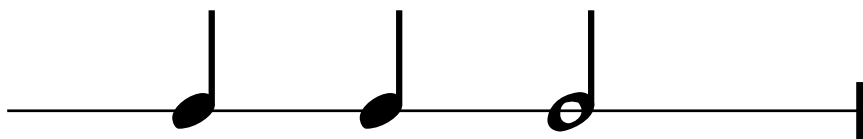
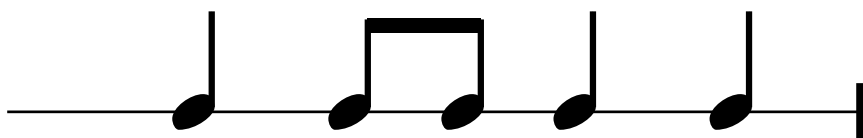
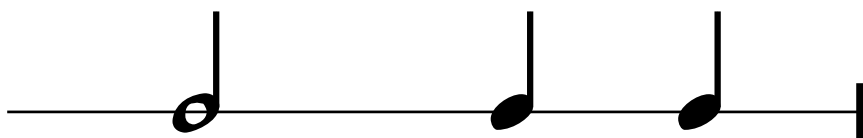
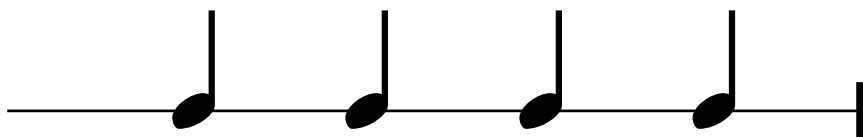
I'm nearly there  
I can do this!



# The note B



Can you read these rhythms?



I'm nearly there  
I can do this!





# Off we go!



I'm nearly there  
I can do this!





# Our First Blues



I'm nearly there  
I can do this!

# Out for a Stroll



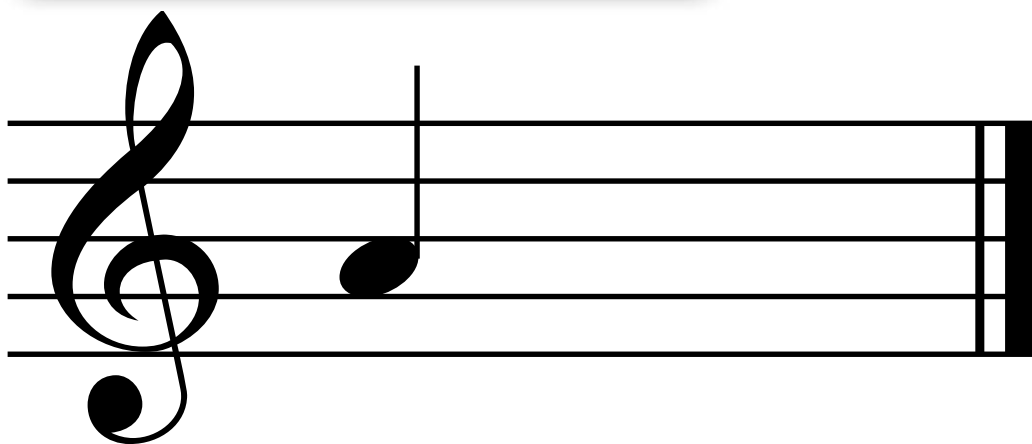
## Feeling Energetic



I'm nearly there  
I can do this!



# The note A



# Calypso



# Watch Those Steps



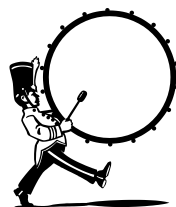
I'm nearly there  
I can do this!



## Step Carefully



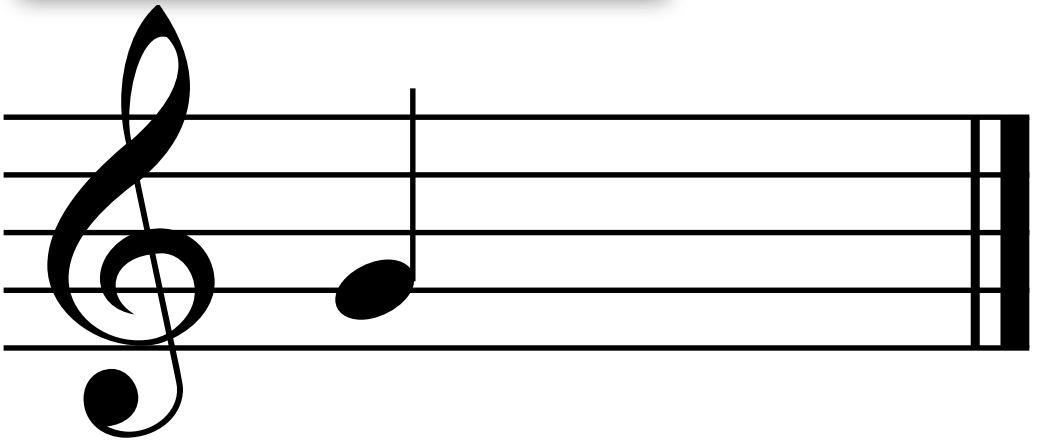
# Little March



I'm nearly there  
I can do this!

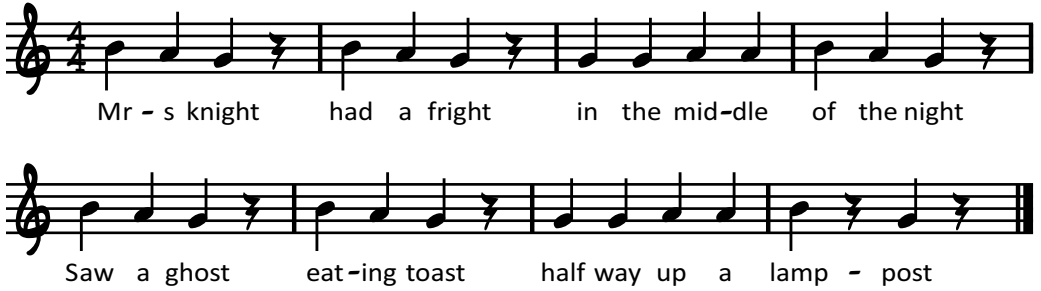


# The note G



# Mrs Knight

The stem on the B can go  
down as well as up - it's still  
a B!



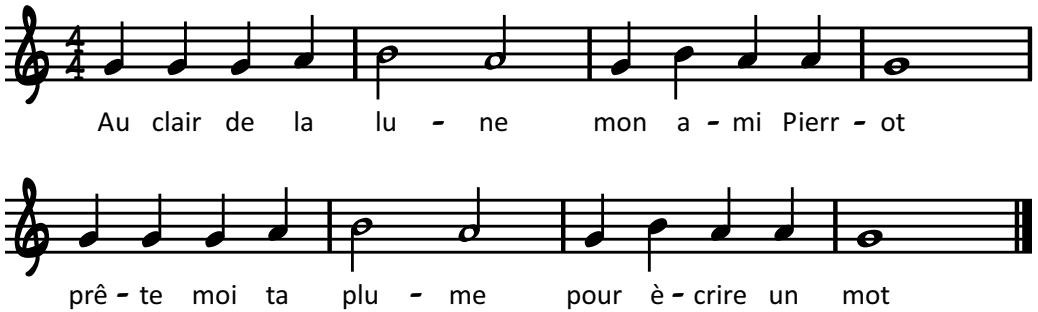
I'm nearly there  
I can do this!



# Bicycle Ride



# Au Clair de la Lune



I'm nearly there  
I can do this!



# End of Stage 1

*Show your partner what you can do!*

Nearly  
here!      Done  
it!

I can hold the instrument correctly



I can make a sound!



I can use the correct fingers for my first 3 notes



I can read running walk and stroll



I can play **Mrs Knight!**



I certify that

---

Has completed **Stage 1**

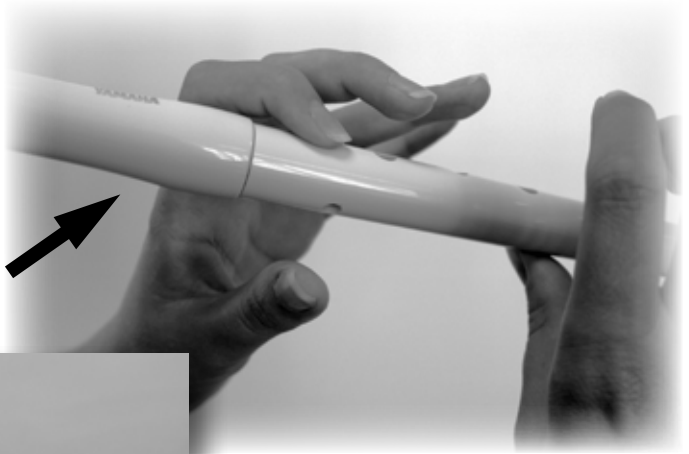
Signed

*(teacher)*

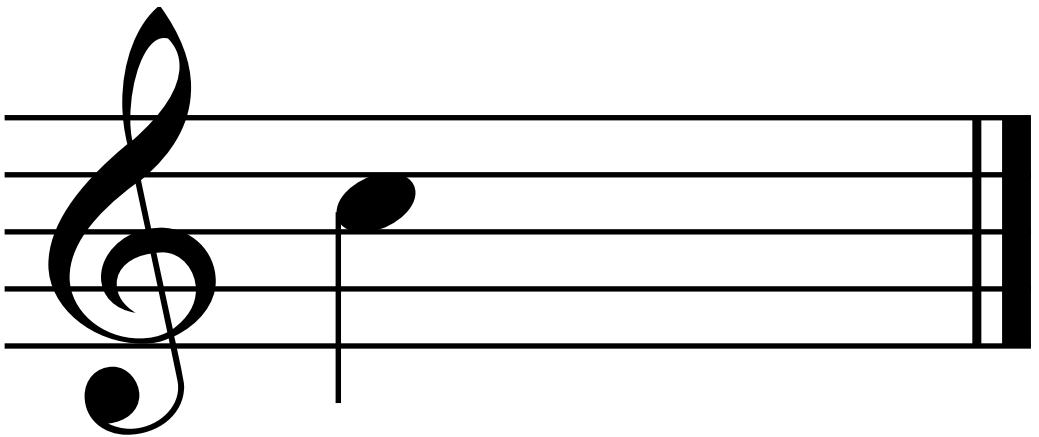
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Comments:

# The note C



Make sure you keep the instrument in contact with your first finger.



# Slushy



# Clown Dance



I'm nearly there  
I can do this!



# Indian Chief



This is how the big tall In-dian plays u-pon his drum



high high low low high highs low

# Pease Pudding



Pease pudd-ing hot pease pudd-ing cold

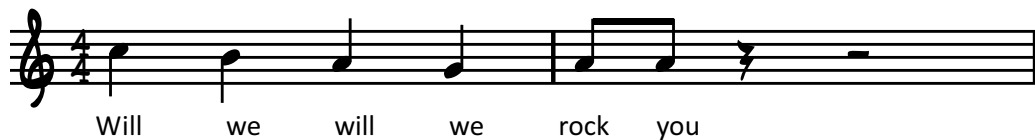


pease pudd-ing in the pot nine days old

I'm nearly there  
I can do this!



# We Will Rock You



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Publishing

I'm nearly there  
I can do this!

## End of Stage 2

*Show your partner what you can do!*

I can play from G to C

I can tongue my notes

I can play Slushy

Nearly  
here!

Done  
it!

<input type="radio"/>	<input checked="" type="radio"/>
<input type="radio"/>	<input checked="" type="radio"/>
<input type="radio"/>	<input checked="" type="radio"/>

I certify that

---

Has completed **Stage 2**

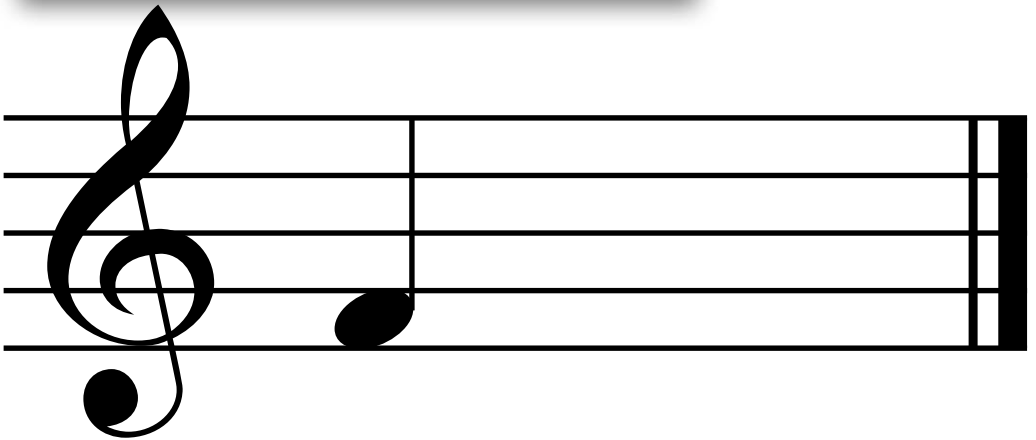
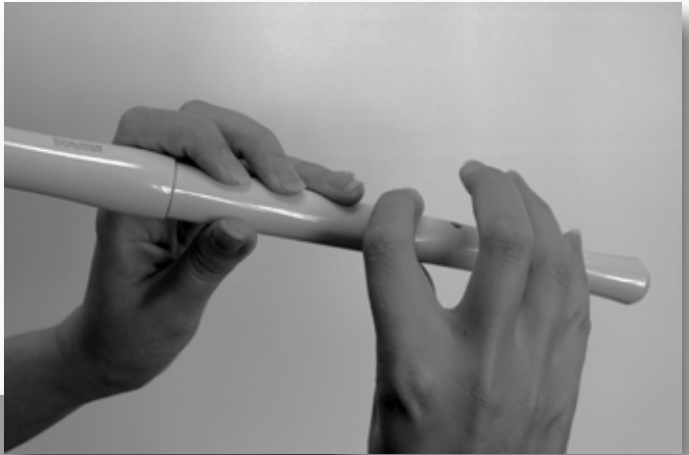
Signed

*(teacher)*

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Comments:

# The note F



# Merrily



I'm nearly there  
I can do this!





# Zulu Warrior



I come a zim - ba zim - ba zi - a



I come a zim - ba zim - ba zay



See him there the Zu - lu warr-i - or



See him there the zu - lu chief chief chief!

I'm nearly there  
I can do this!



# John Kanaka



I heard I heard the old man



say John Ka - nak - a nak - a tu - lee - ay



tu - lee - ay tu - lee - ay

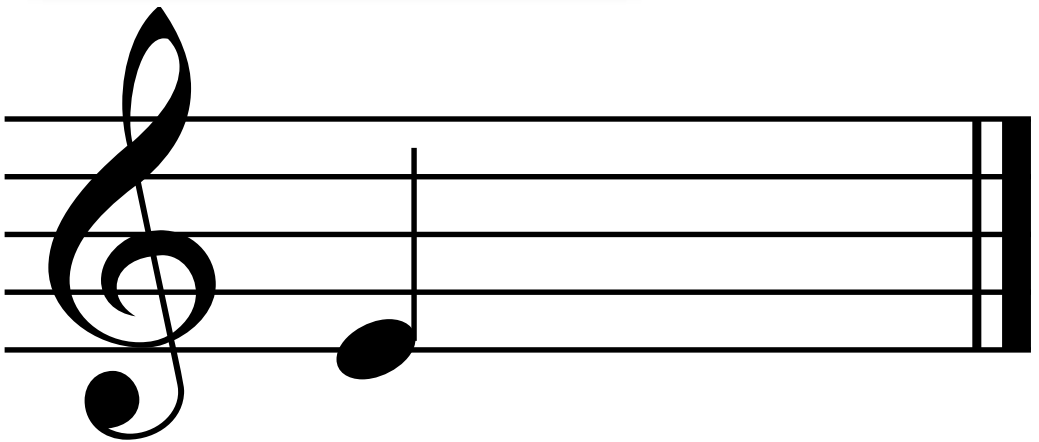


John Ka - nak - a nak - a tu - lee - ay

I'm nearly there  
I can do this!



# The note E



# Easy



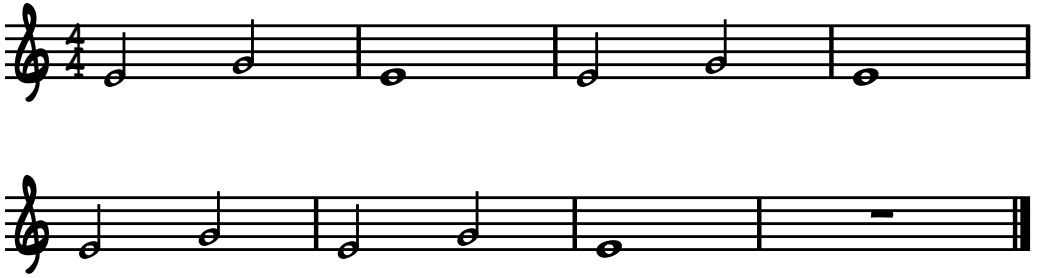
## For Example



I'm nearly there  
I can do this!



# Duet



## Chicka Hanka

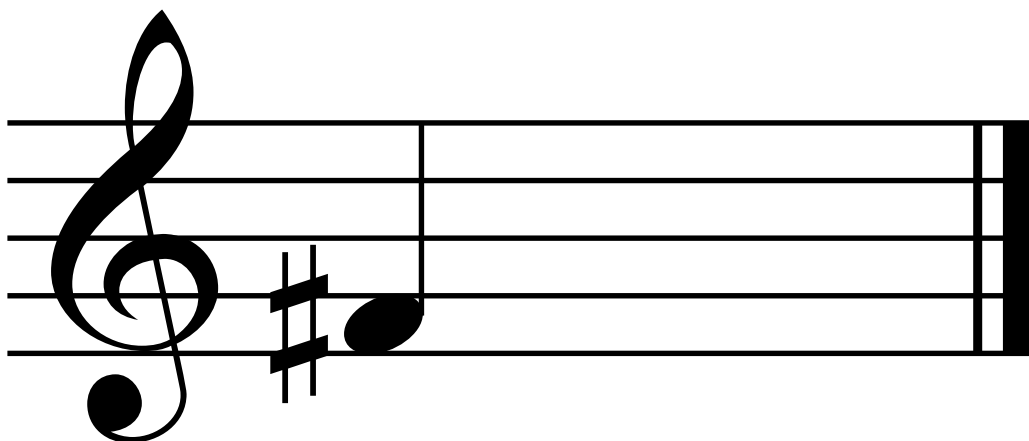
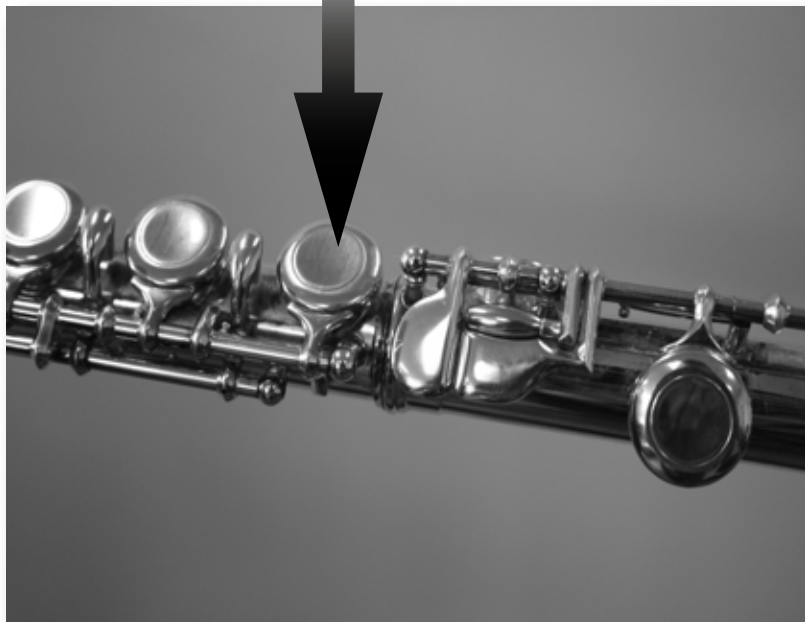


I'm nearly there  
I can do this!

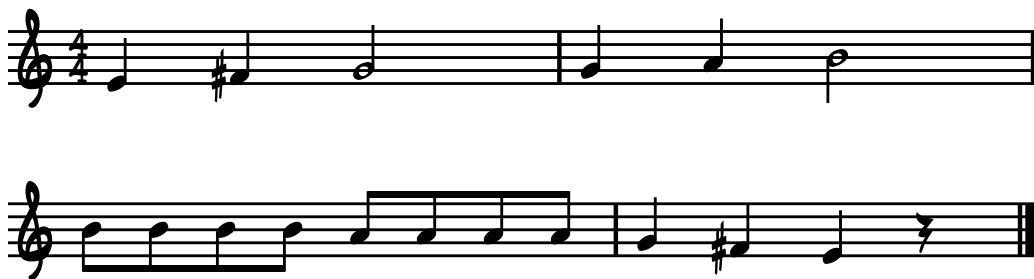
# The note F sharp

Flutes only

Use your 3rd  
finger instead



# Sing This Song for flutes



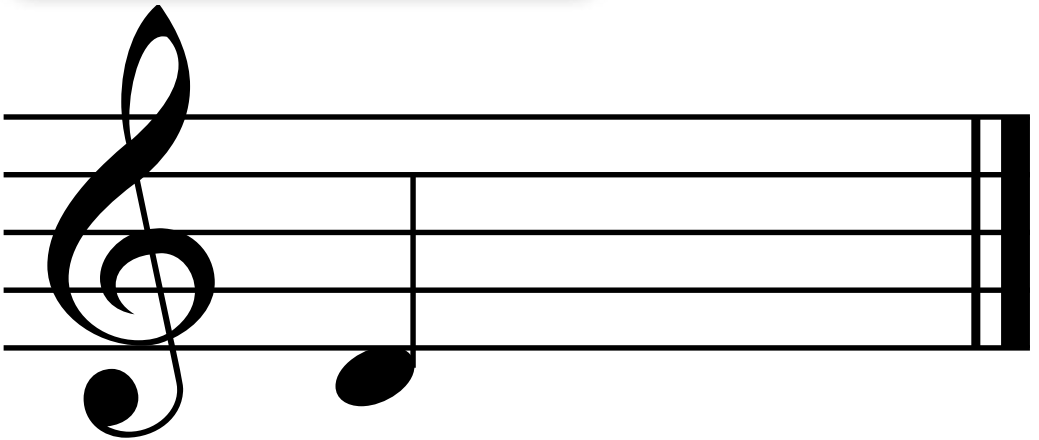
## Harry Potter



I'm nearly there  
I can do this!



# The note low D





# The Birch Tree



See the love - ly birch in the mead - ow



Cur - ly leaves all dance when the wind blows



Loo - lee - loo when the wind blows



Loo - lee - loo when the wind blows

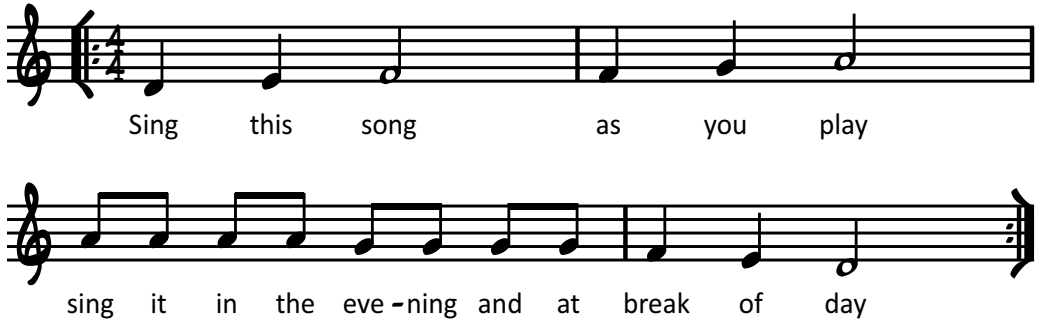


See the love - ly birch in the mead - ow

I'm nearly there  
I can do this!



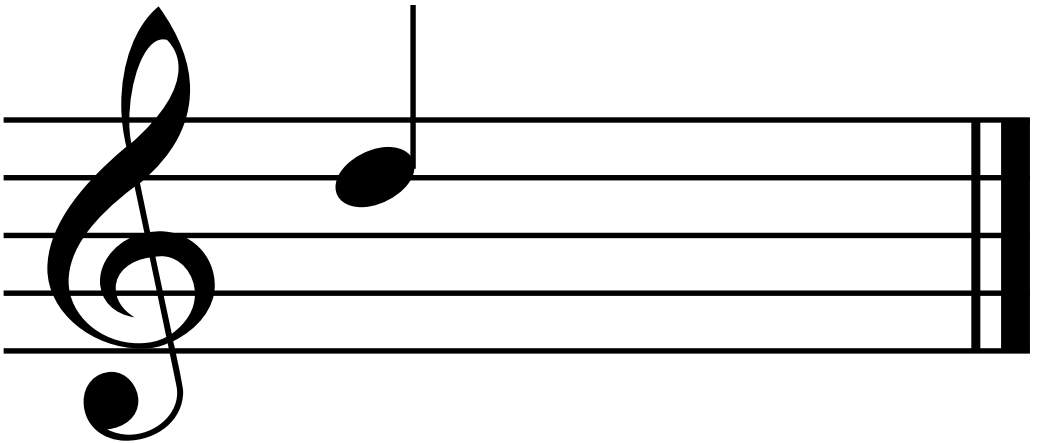
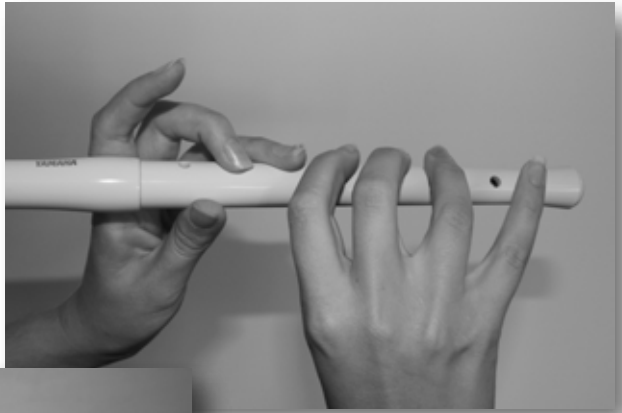
# Sing This Song



I'm nearly there  
I can do this!



## The note high D



# Low and High



# Scooby Do



Do do do do be do



scoo be do be do be do be do do do



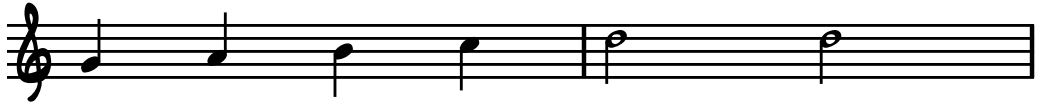
Bah do wah Bah do Wah

I'm nearly there  
I can do this!

# Once a Man



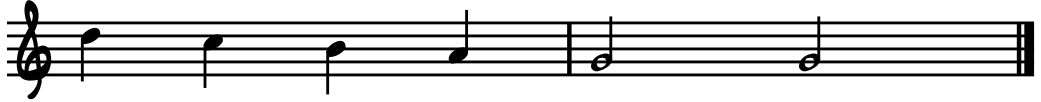
Once a man fell in the well



splish splash splosh he soun - ded



If he had not fall - en in



he would not have drown - ed

I'm nearly there  
I can do this!



## End of Stage 3

*Show your partner what you can do!*

Nearly  
here!

Done  
it!

I can improvise

☐ ☒

I have played in a concert

☐ ☒

I can sing and play **Roller Ghoster**

☐ ☒

I would like to carry on playing next year

☐ ☒

I certify that

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Has completed **Stage 3**

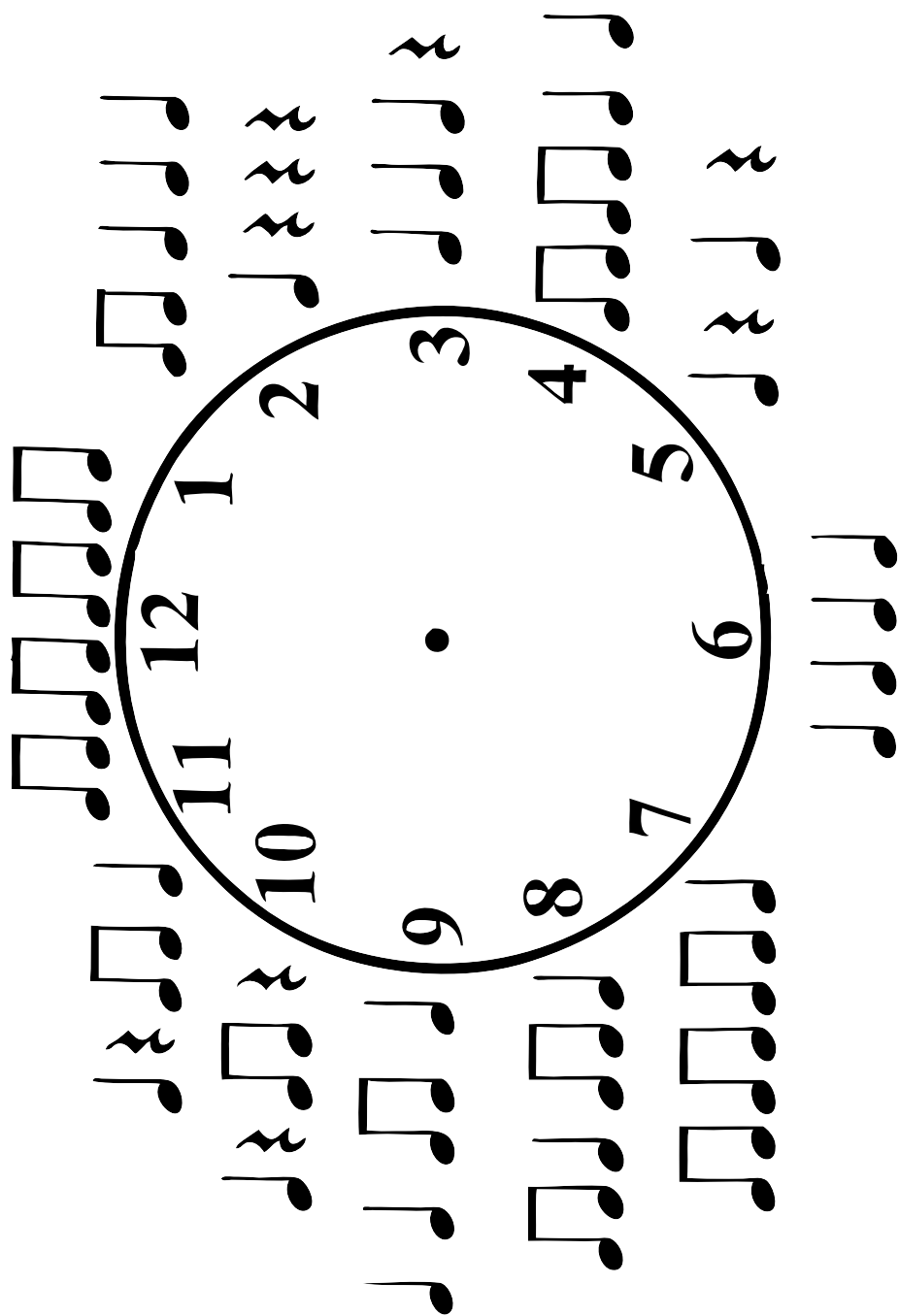
Signed

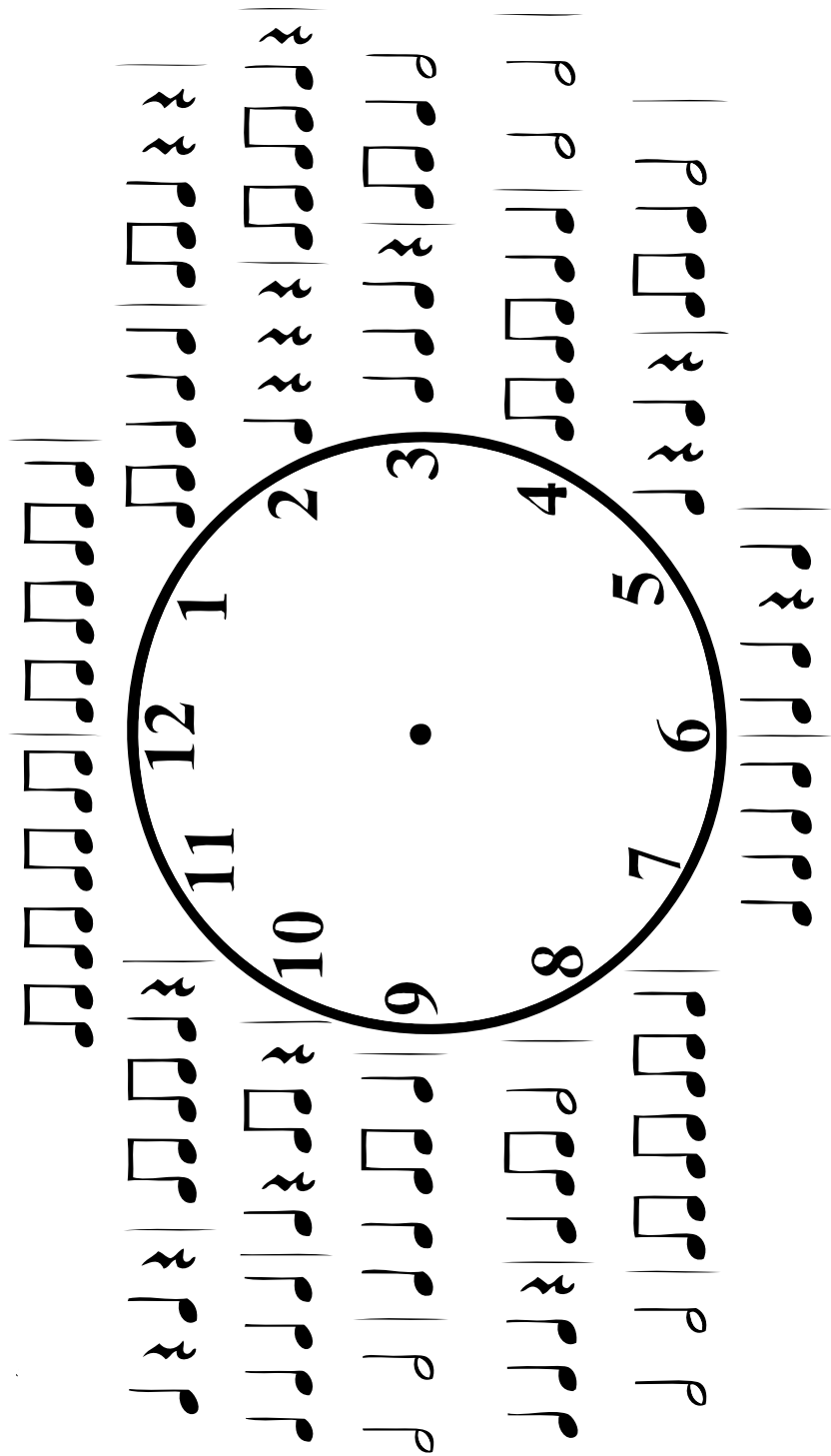
*(teacher)*

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Comments:

# Rhythm clock 1







# What can you hear?

## **Texture**

How many instruments can you hear?

## **Dynamics**

Is the music loud or quiet?

Does it change?

## **Tempo**

Is the music fast or slow?

Does the music get faster or slower?

## **Structure**

Can you hear the same tune again?

## **Duration**

Can you hear a steady beat?

What rhythm patterns can you hear?

Are there long or short sounds?

## **Timbre**

What sort of sound?

## **Pitch**

How high or low are the sounds you hear?

Are they going up or down?

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