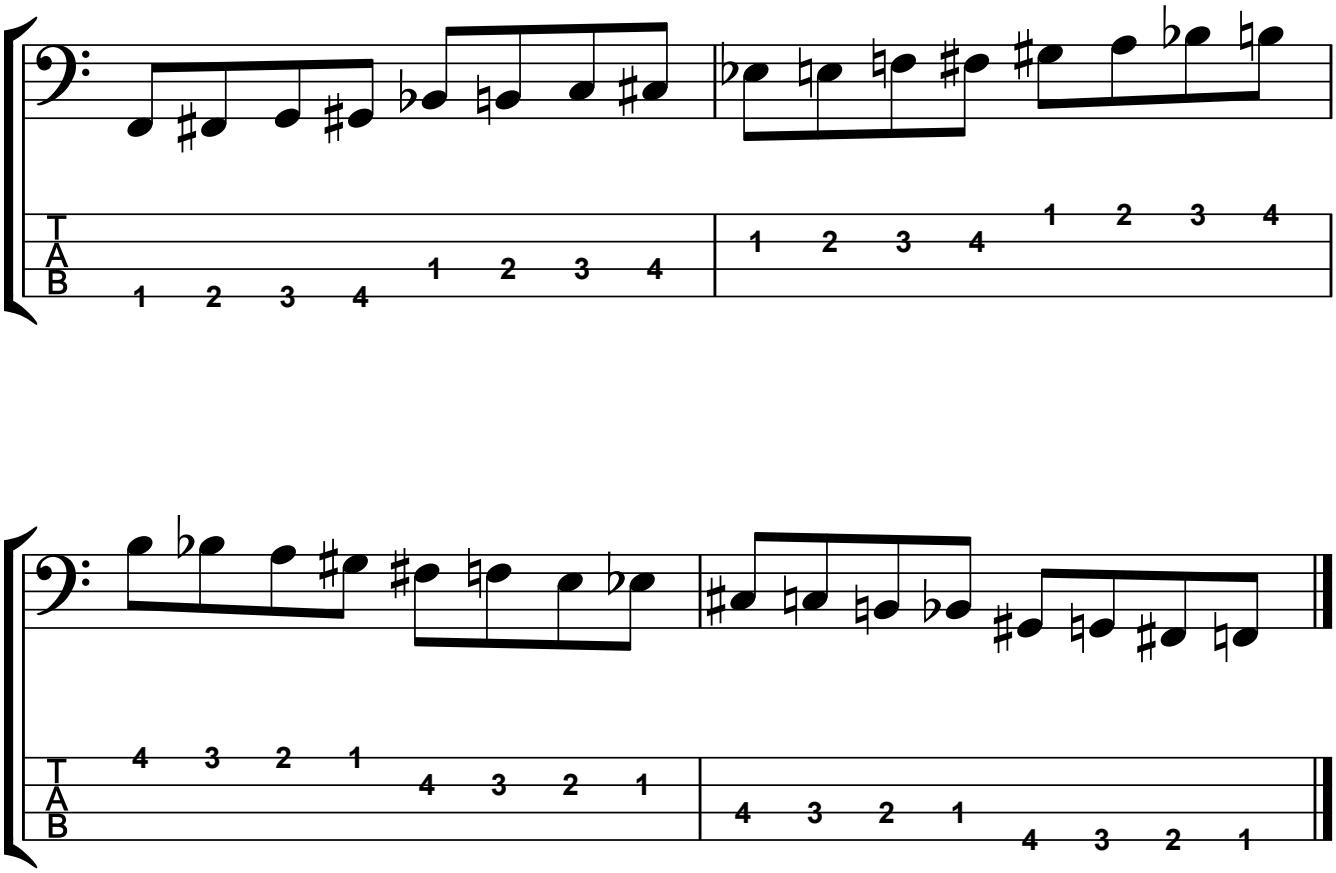Warm Up