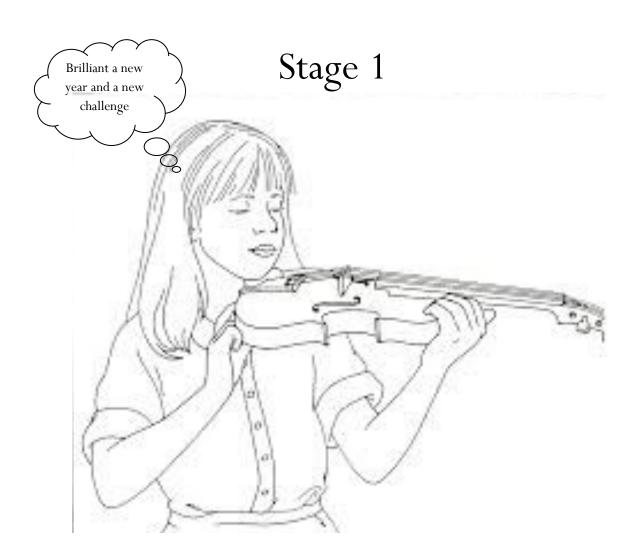
## Viola





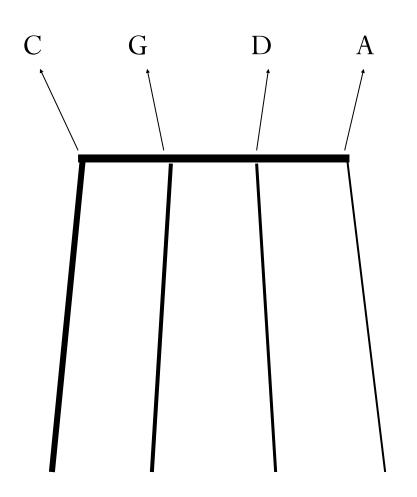
## Holding the Viola

Keep your viola out to the left hand side and parallel to the floor



## What are the strings' names?





#### Dos!

Play your viola often, play your pieces to your family, enjoy yourself.

Bring your viola to every lesson to have it tuned and enjoy playing with everyone in class

Always use the sponge to keep your viola steady

Store your viola and bow in the case, in a cool, dry place in your house with the case closed

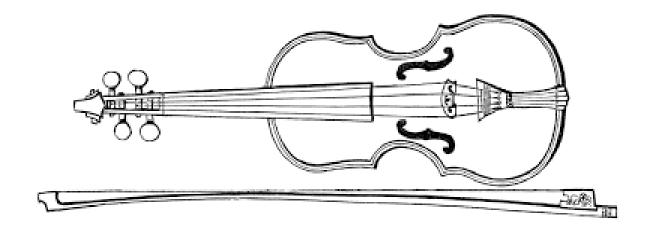


#### Don'ts!

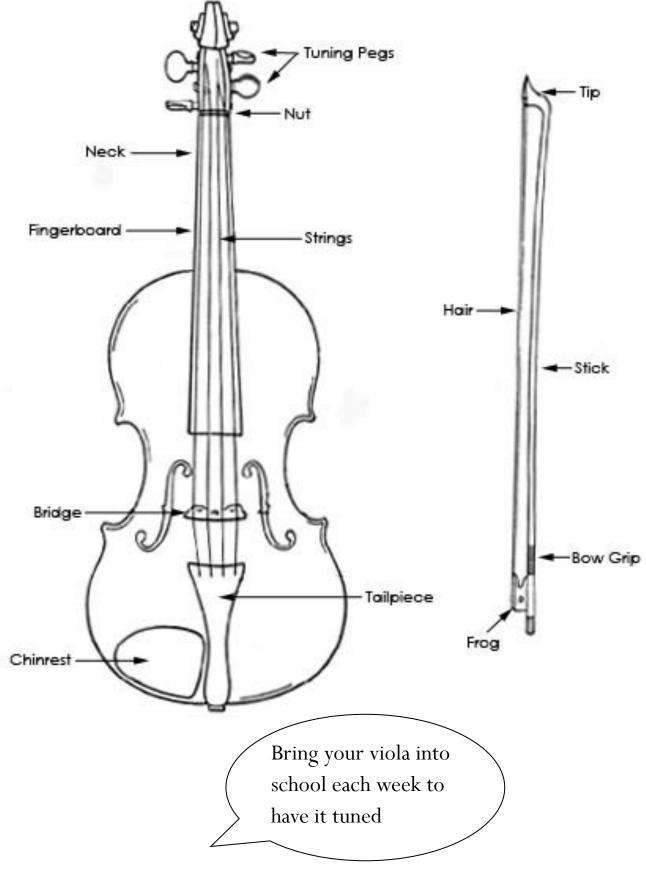


Don't touch the bow hair or where the bow touches the strings near the bridge

Don't turn anything on your viola or bow, it may break the strings or the bow.

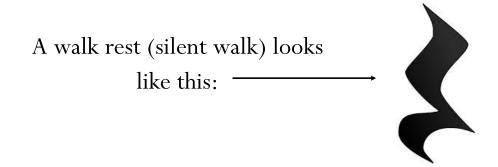


## The names to use for parts of the viola and bow





A walk is worth 1 beat: Walk



## Stroll

A stroll is worth 2 beats: Str-oll

A stroll rest (silent stroll) looks like this on the middle line:





## Running

A running is worth 1 beat, like a walk, but has two sounds:

Run - ning

A running has a separate rest for each sound. It looks like this:





#### Snooze

A snooze is worth 4 beats: Sn-oo-oo-ze

A snooze rest (silent snooze) looks like this on the middle line:

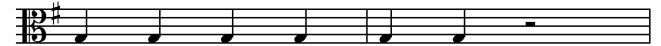


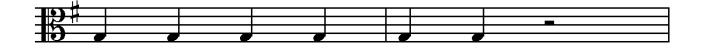
## **String Blues**

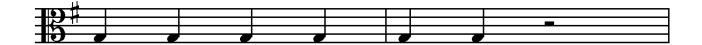
Keep your viola up on your shoulder and stand straight

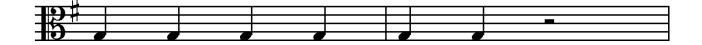


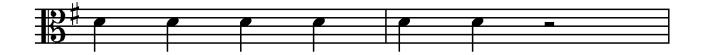
Four bars of piano introduction, listen then start playing with the beat



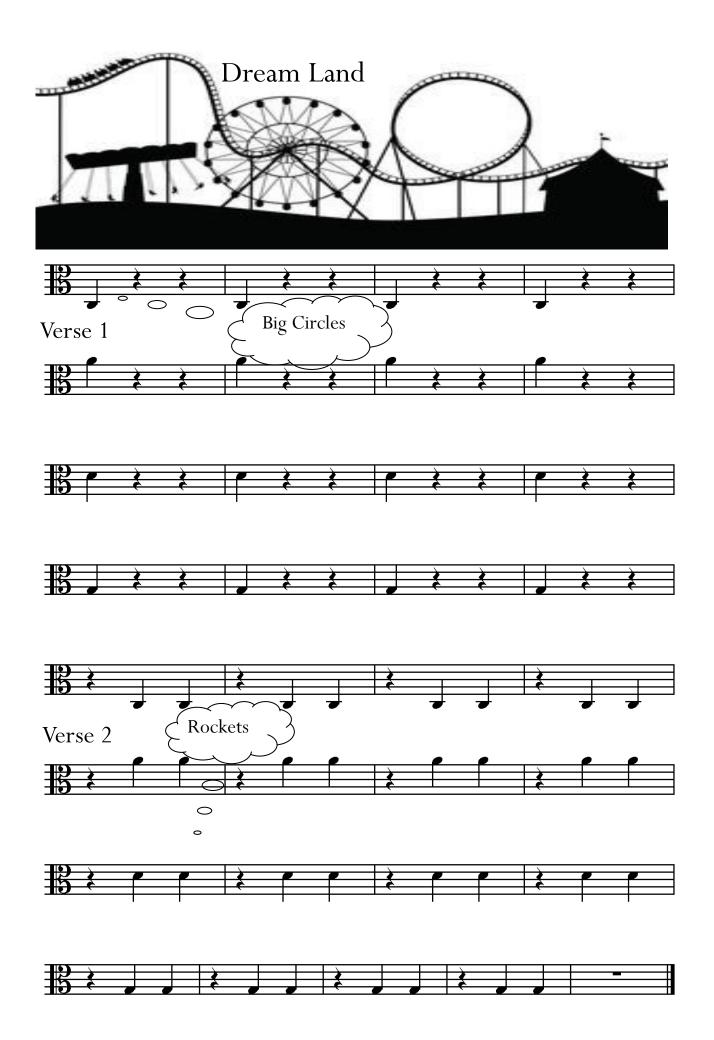


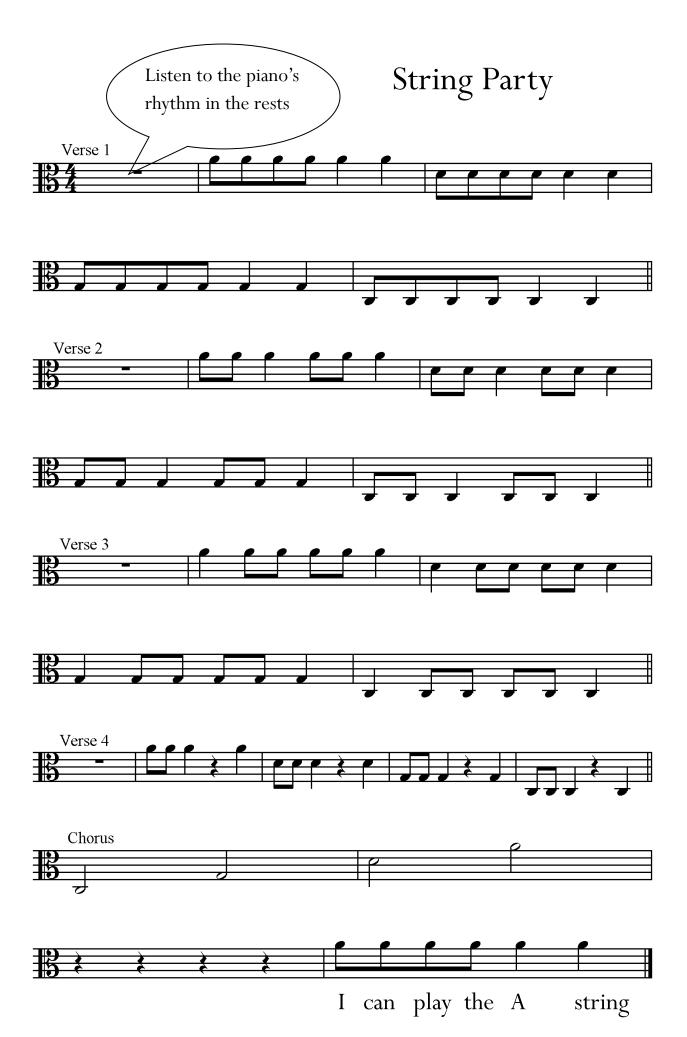


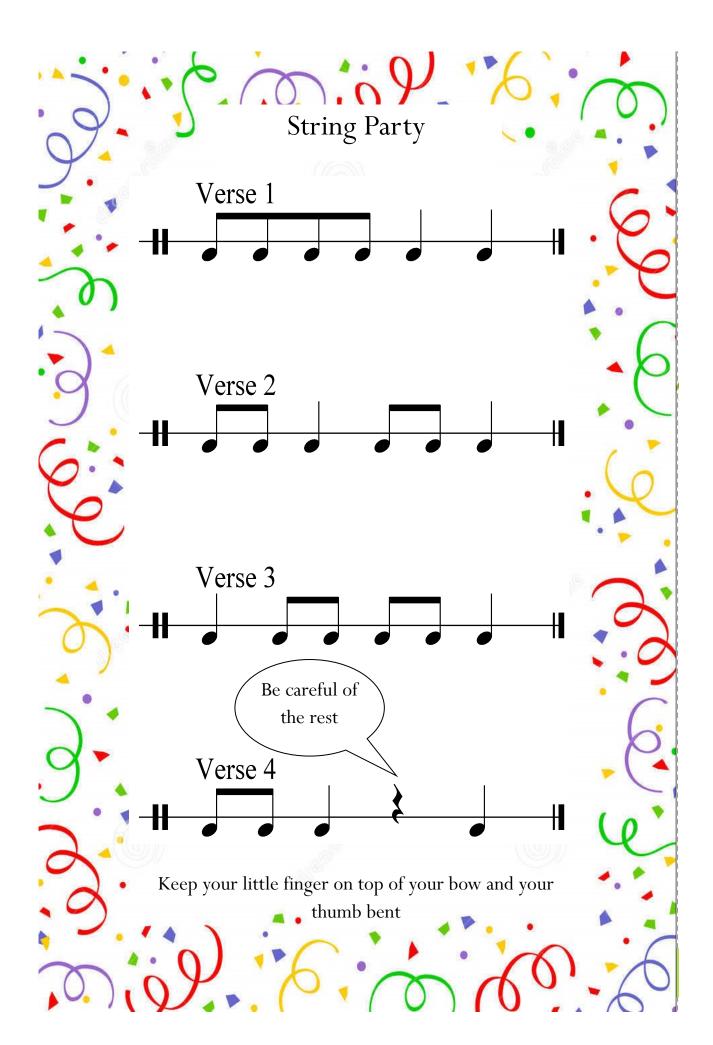


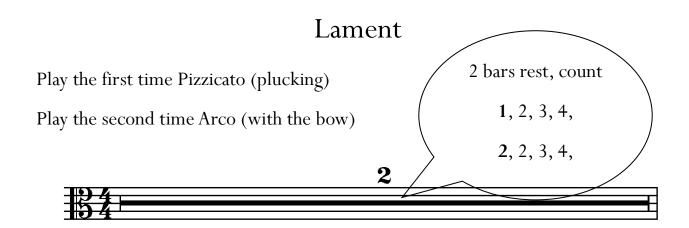




















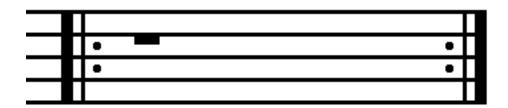


## Try writing your own pieces of music using the notes you have learnt

TIAN			T
	+		+
<del>- KG</del>	+	+	+
	+	+	+
<b>5</b>	1	1	I
419			
9			
ו			
		•	
110 3			
9			
TO			
9			
TIPS .			
107			1
		•	•
167			
9			
1 (6)			
110 )			
9			
TU			
493			
9			
TIO			
		-	-
19 5			
lin			

### Repeats

If you see these marks.....



Then it means you have to play the music between the dots twice.

You repeat it

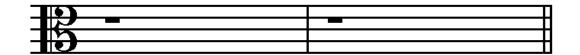
Only repeat the music once though, otherwise you never finish the tune!

Another type of repeat is this one....



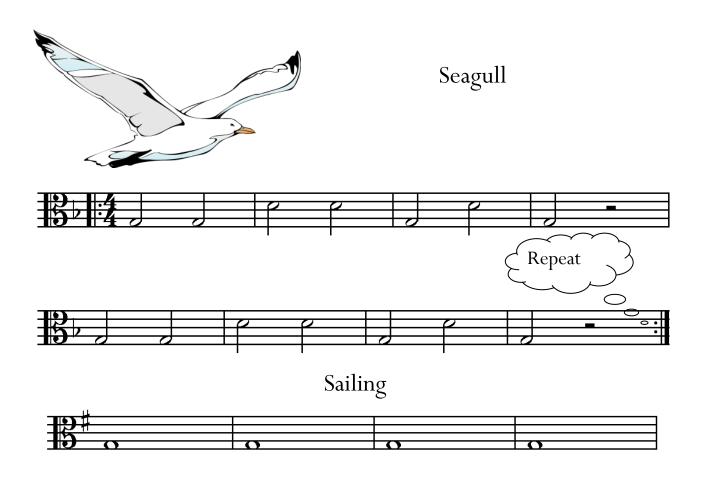


D.C. al Fine

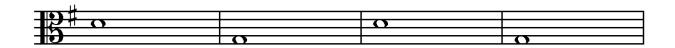


D.C. al Fine means go back to the beginning and play it again until you reach the Fine for the second time.

Fine means finish, (stop)







Remember to go back to the beginning and finish at Fine.

#### Bossa Nova



These dots, under the notes, mean you need to play the notes in a bouncy, spiky way.



## **End of Stage 1**



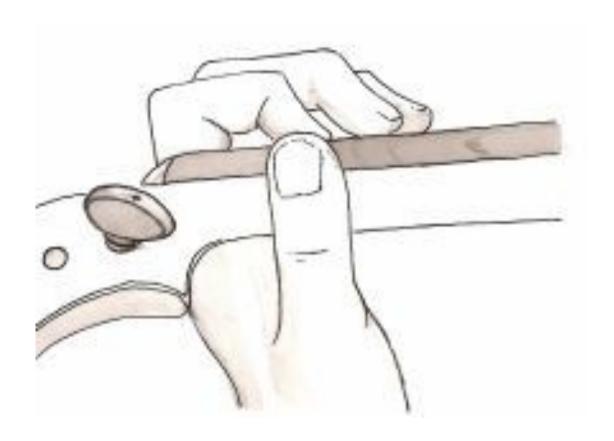
I can hold the viola with the correct posture
I know the names of the strings
I can play each string clearly with my bow
I can play running, walk and stroll
I can play 'String Party'

Show your partner what you can do!

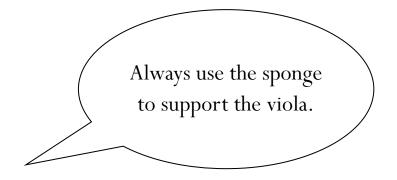
My favourite piece
is:

Well Done!

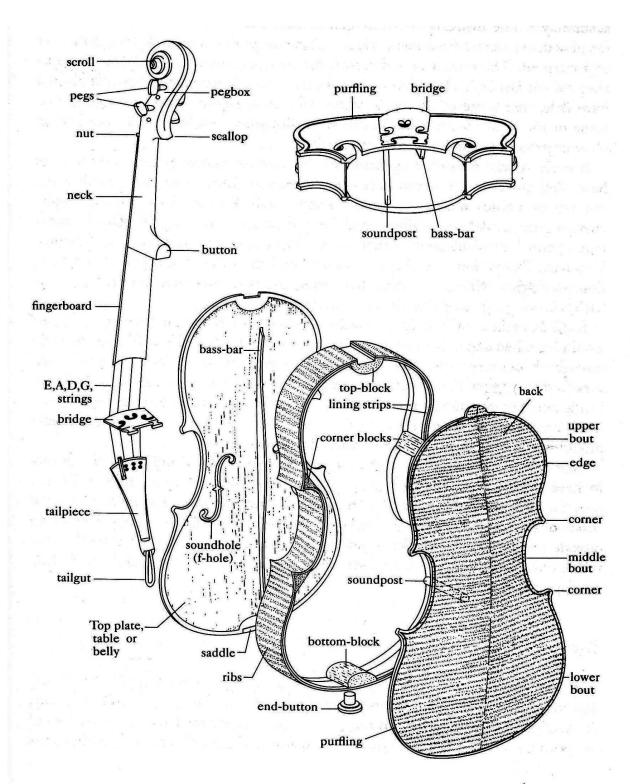
## Stage 2



## Left hand finger position



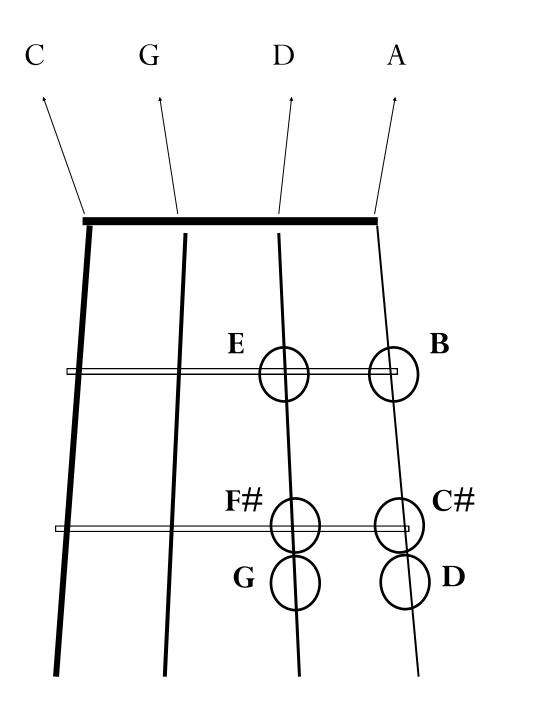
# A more detailed diagram, including the inside of the viola



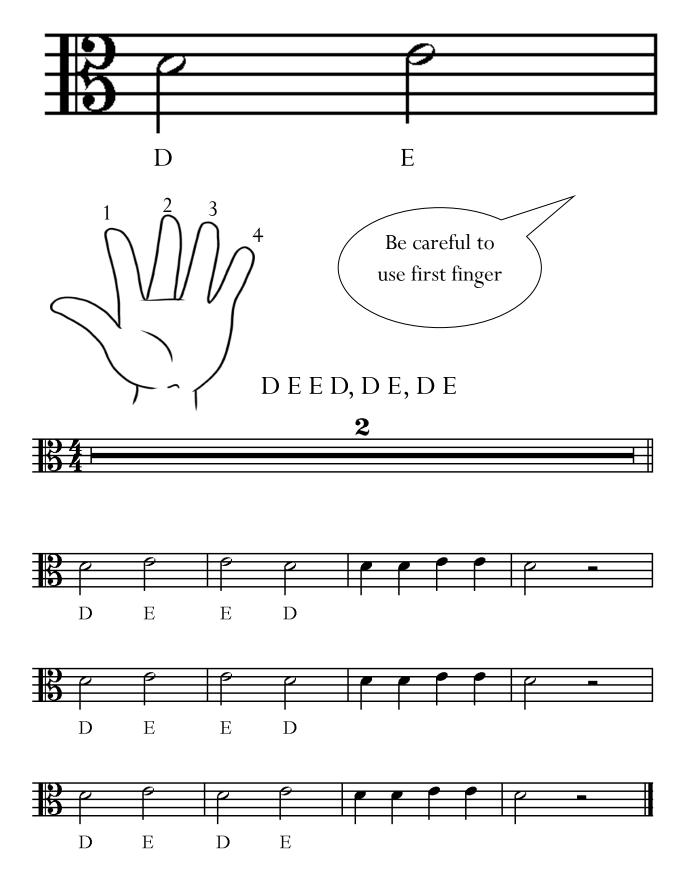
Parts of the Viola

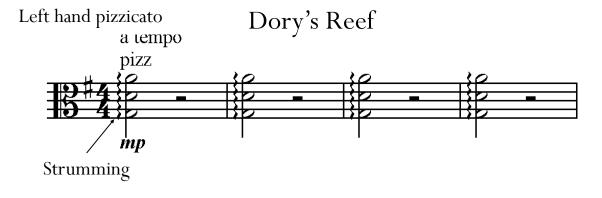
## New Notes



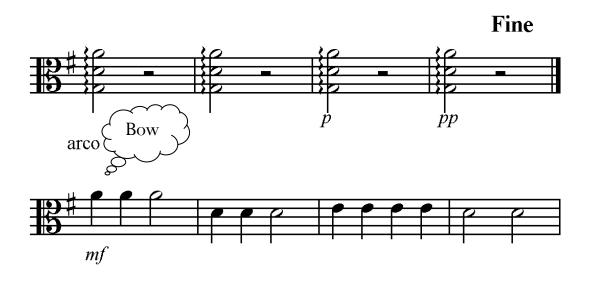


## Low E using first finger on the D string

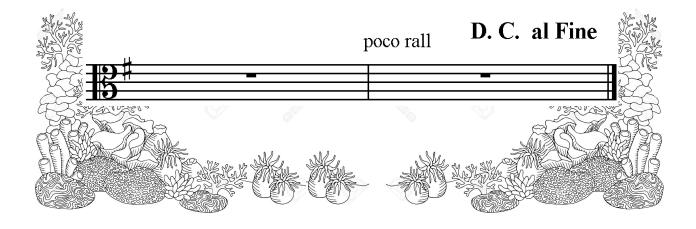


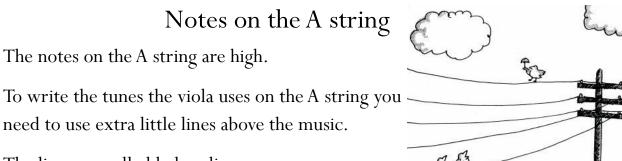




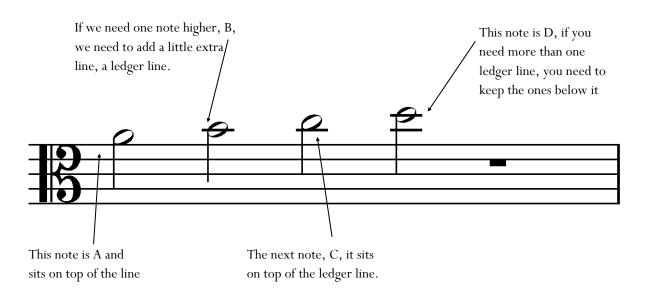








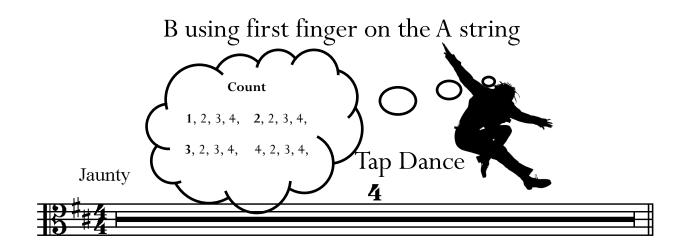
The lines are called ledger lines.



We are gradually going to learn each new finger on the A string. First B...

#### B using first finger on the A string















## Rhythm Passion

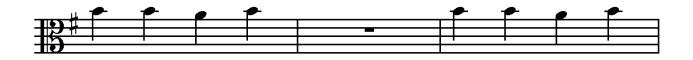
## Rock Tempo





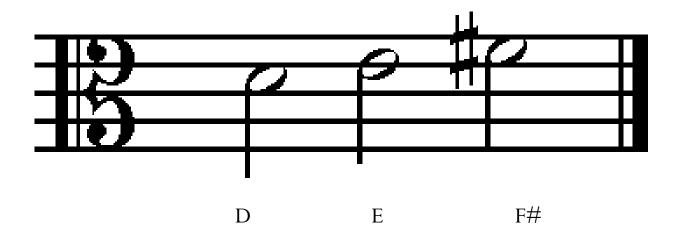






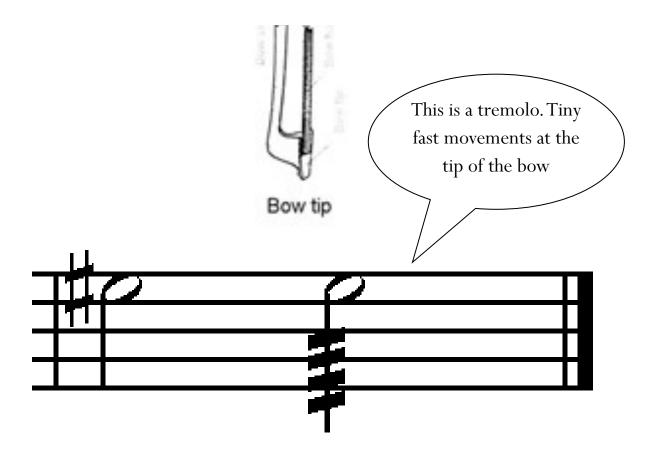


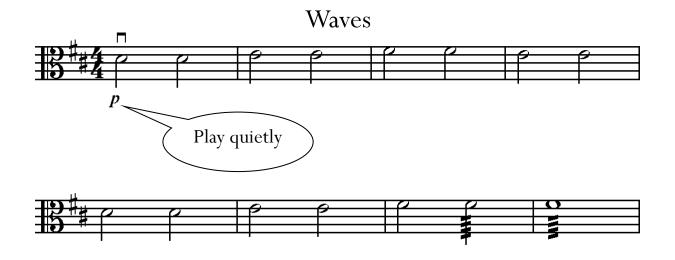
## F sharp using second finger on the D

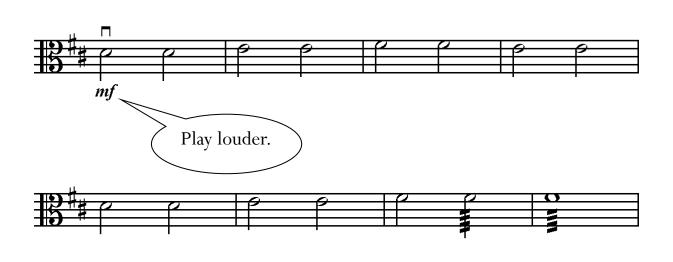


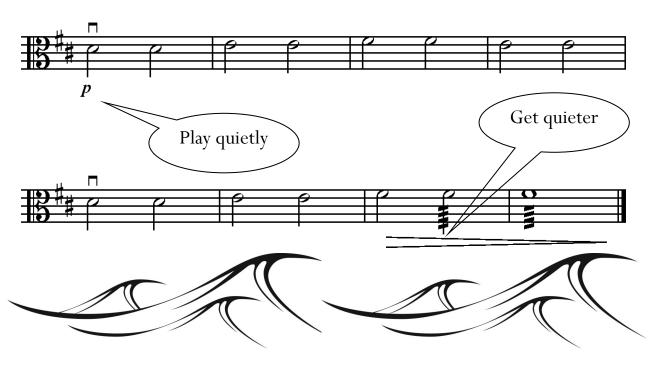
Sharp signs #

This is a sharp sign. It is added to music to make a note half a step higher in pitch Sometimes they are next to the note sometimes at the beginning of a piece







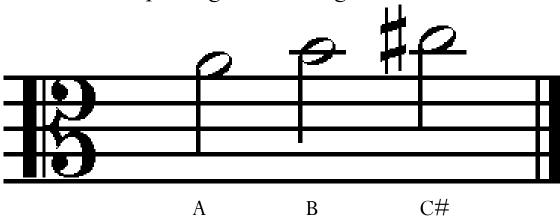




#### Remember, remember

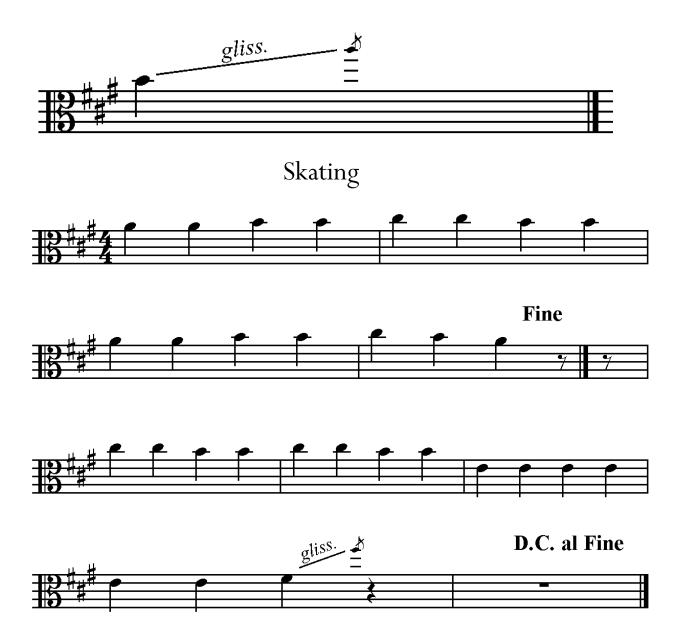


C sharp using second finger on the A

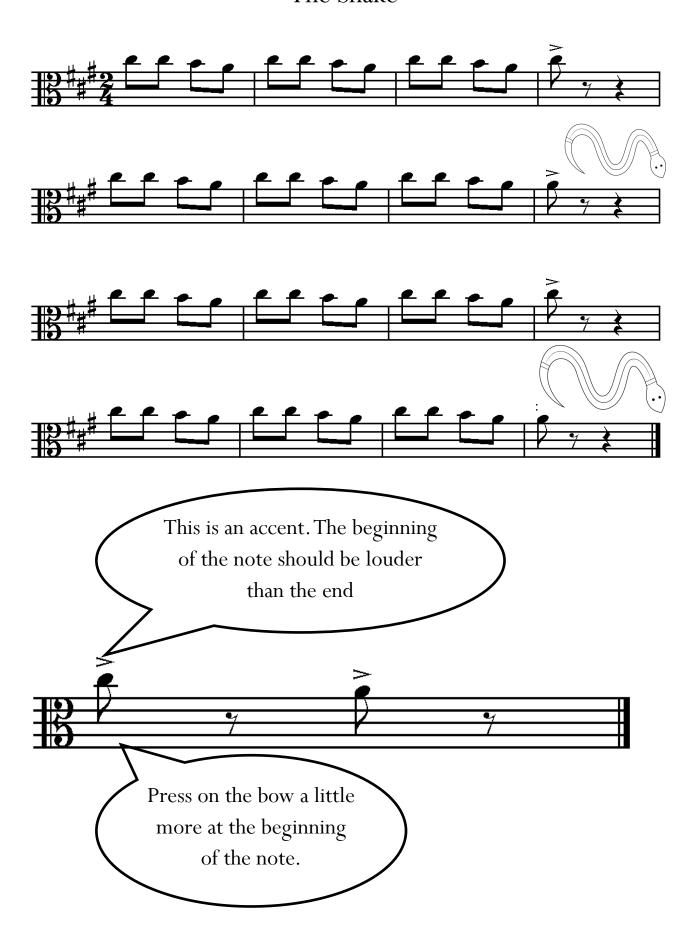


This is a Glissando marking. The pitch slides between two notes.

Here the pitch slides up the A string as high as you can (gliss. is short for glissando).



#### The Snake



## G using third finger on the D string

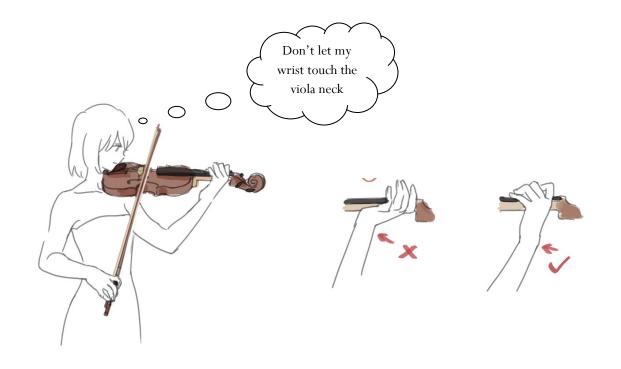


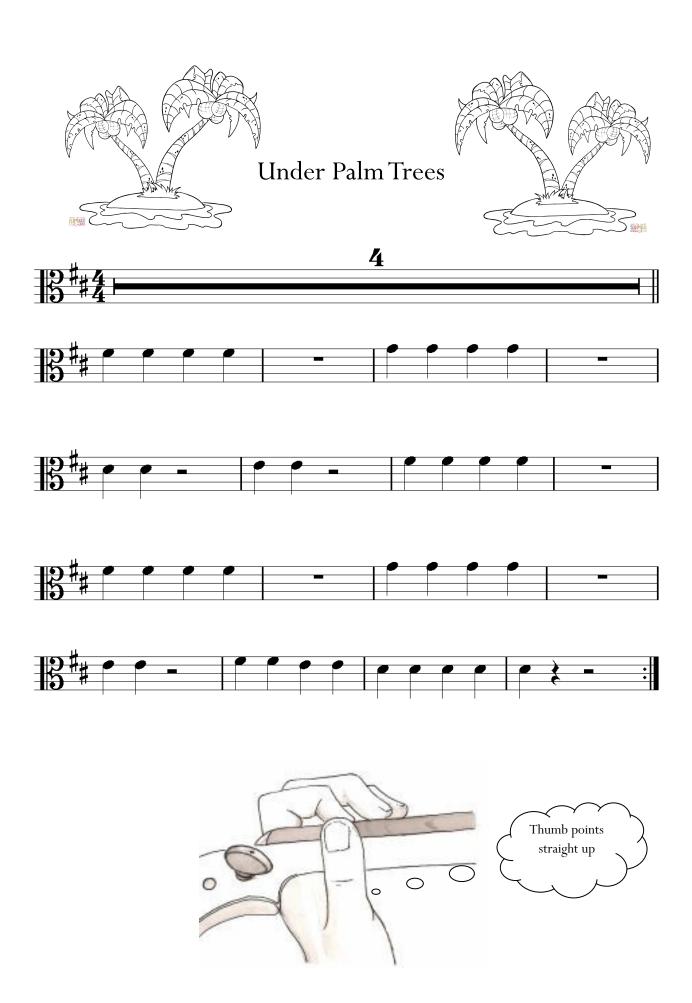
## Bonjour D String



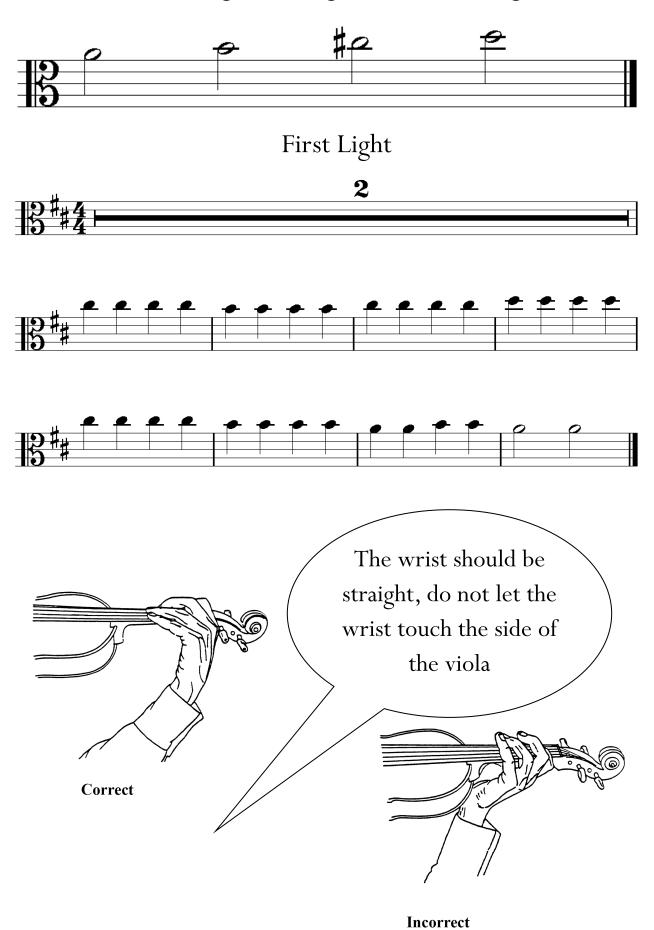








## D using third finger on the A string



## Dory's Return

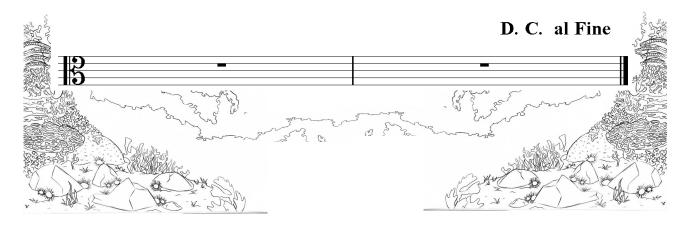


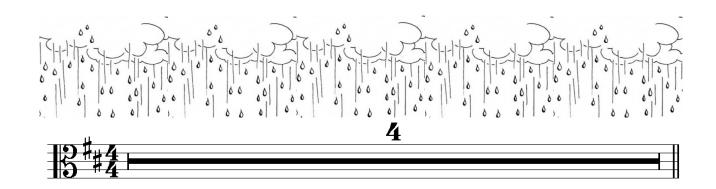












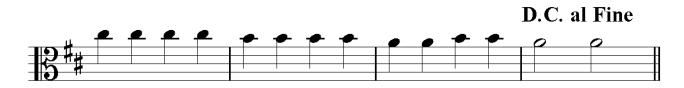
# Sparkling Rain











#### How to play louder or quieter

You can choose how loud or quiet to play. Composers write signs in the music to show you how loud or quiet they think you should play their pieces. In music these choices are called dynamics.



To play quietly with the bow:

Move the bow gently, near the fingerboard. (You can even try to use less bow hairs by turning the bow stick away from you)

Dynamic	Italian	English	What it sounds like
Sign			
PPP	Pianississimo	Very, very softly	Whispering
PP	Pianissimo	Very softly	Almost at a whisper
P	Piano	Softly	Softer than a speaking voice
mp	Mezzo piano	Moderately soft	Quiet speaking voice
mf	Mezzo forte	Moderately loud	Normal speaking voice
f	Forte	Strong	Louder than speaking
ff	Fortissimo	Very strong	Speaking loudly
fff	Fortississimo	Very, very strong	Shouting

To play loudly with the bow:

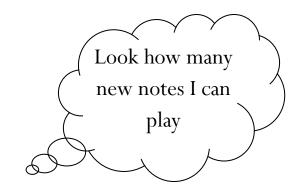
Move the bow strongly, nearer the bridge. (Make sure all your bow hair is touching the string)







#### **End of Stage 2**



I can place my fingers with a straight left wrist

I know the names of the notes on D and A
I can play each finger with a clear sound
I can read the notes on the D and A strings
I can play 'Sparkling Rain'

Show your partner what you can do!

My favourite piece is —

Thank you for trying so hard!

# Stage 3 Playing parts like an orchestra





This is the main tune





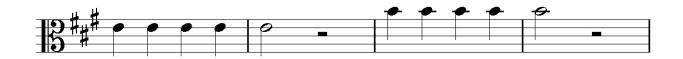


#### The Grand Old Duke of York

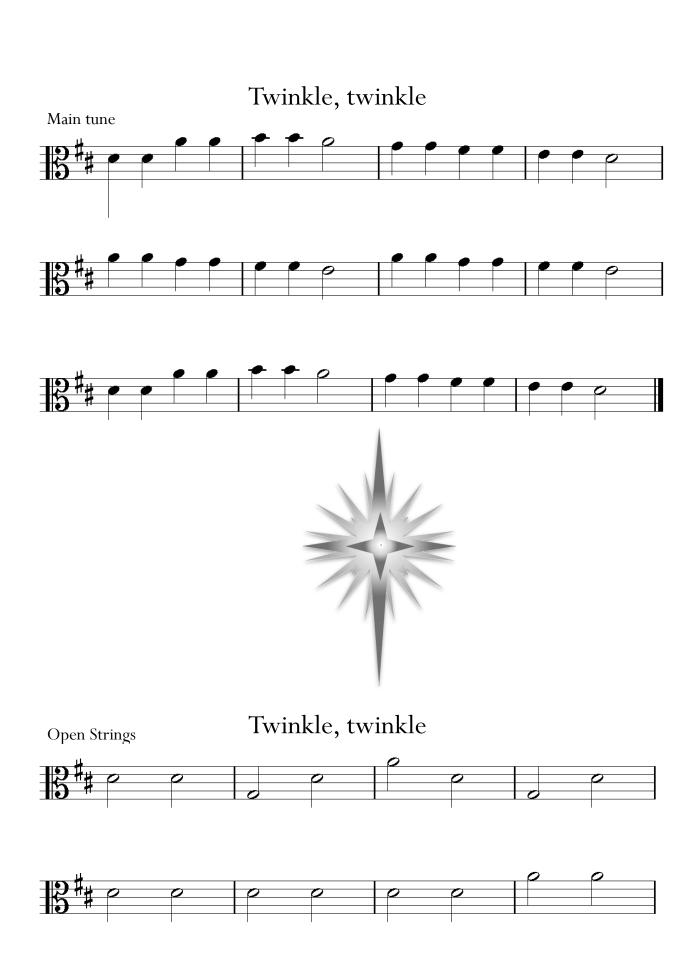


Always use first finger, just change string.















#### Humbugs in a Jar



This is the main tune









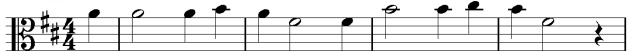








#### Humbugs in a Jar



This is a simpler part







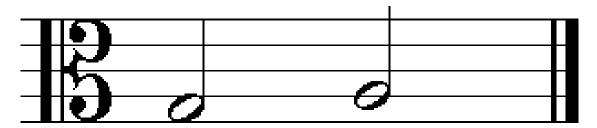








### A using first finger on the G string



G

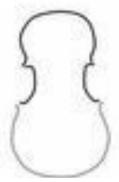
### How to Draw a Viola



1 Start by drawing the top part of the body



2 Draw the inward slanting waist



3 Now, draw the bottom part of the viola's body



4 Next, draw the fingerboard, neck, scroll and tuning pegs at the top of



5 The next step is drawing the tailpiece at the bot-



6 Now add the chinrest and a sound hole (f-hole) on each side of the bridge



7 The last step is drawing four strings: Start at the scroll and go all

#### Calypso Rhythm

Calypso is a type of dance music from the Caribbean.

It uses a syncopated rhythm pattern

You can split the pair of notes that make a running (quaver) unit.

Then you can drop a walk (crotchet) in between them.



Calypso is written using four walk (crotchet) beats in a bar

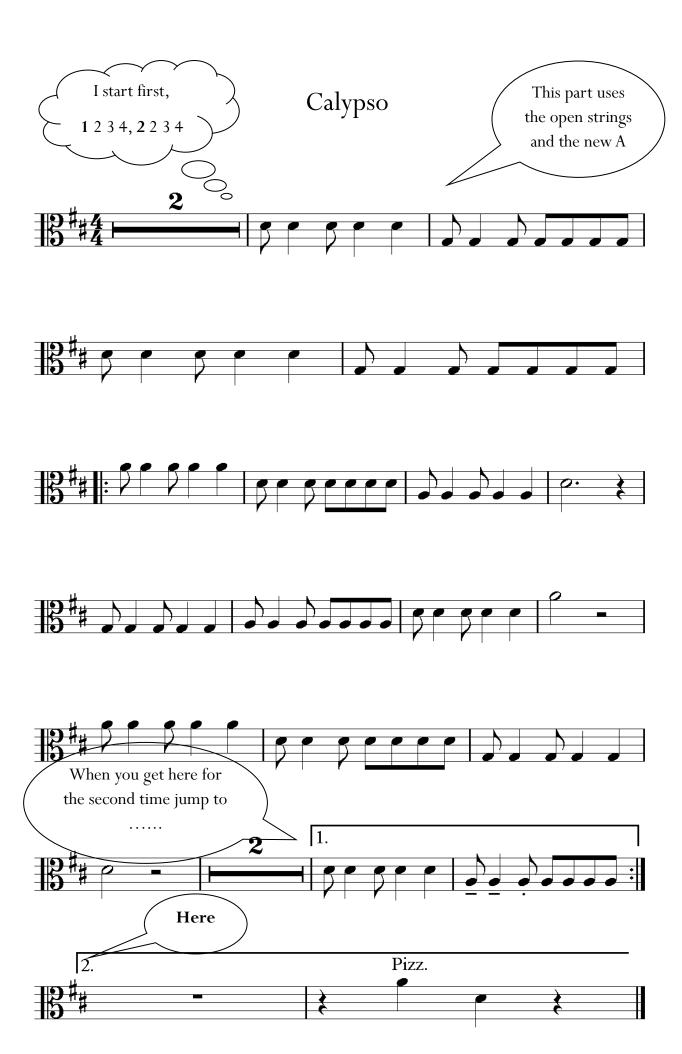
The bar starts with the syncopated rhythm.

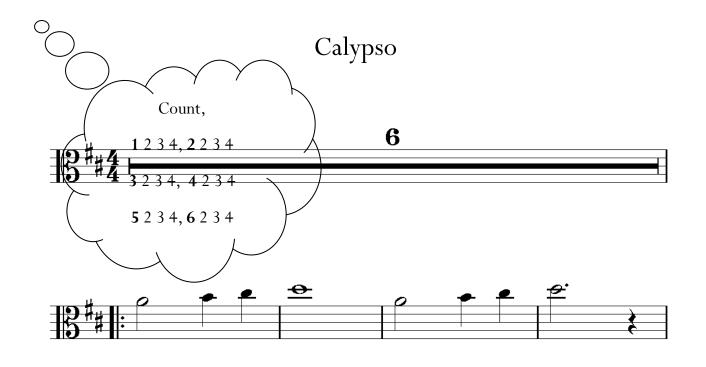
When you first start to learn a rhythm, it can help to have some words that use the same rhythm to remind you how it sounds

Try saying....

I want an ice cream I need some icy water

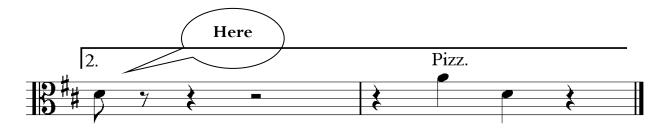












#### Tingalayo!

**Chorus:** 

Tingalayo! Come little don-

key, come.

Tingalayo! Come little donkey, come.

My donkey walk, my donkey talk, My donkey eat with a knife and fork! My donkey walk, my donkey talk, My donkey eat with a knife and fork!

#### **Chorus**

My donkey eat, my donkey sleep, My donkey kick with his two hind feet! My donkey eat, my donkey sleep, My donkey kick with his two hind feet! My donkey yes, my donkey no,

My donkey come when I tell him go! My donkey yes, my donkey no, My donkey come when I tell him go!

#### Chorus

My donkey hee, my donkey haw, My donkey sit on the kitchen floor! My donkey hee, my donkey haw, My donkey sit on the kitchen floor!

#### Chorus

#### **Ostinatos**

Wait for the piano introduction then play this pattern four times Challenging





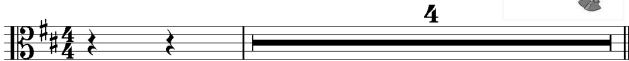
Wait for the piano introduction then play this pattern four times



















This is the main tune.

#### Ode to Joy



This part is simpler.

#### Ode to Joy



This is a partner tune. It is challenging

#### Ode to Joy



This wonderful piece of music started as tune from a big symphony, written by Beethoven. It is still played by big orchestras with a large choir and solo singers too. It always needs a conductor to help everyone play at the correct speed and start and stop together.





### **End of Stage 3**



I can play loudly and quietly

I know the names of the notes on C and G

I can skip between strings with my fingers

I can play a duet with my partner

I can play my part in Ode to Joy

Show your partner what you can do!

My favourite piece is:

Well done, You've learnt to play the viola

#### All the string family of instruments use rosin on their bows

#### WHAT IS ROSIN

Rosin is used on bow hair to create a slightly scratchy surface. Without rosin, the bow hair will simply slide off of your viola strings; it won't produce a sound. Made from the sticky resins of conifer trees, like Christmas trees, rosin is used to make things grip better.

#### WHEN TO USE ROSIN

If you have to press more than normal with your bow to make a good sound, a few swipes of rosin can often do the trick. However, too much will produce an nasty gritty, scratchy sound.

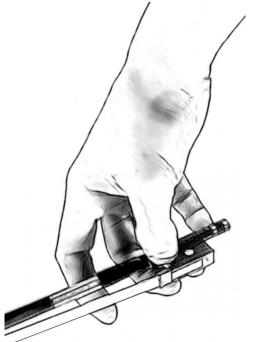
Most viola students only need to reapply rosin after 4-6 hours of play (once or twice a week). You will just need to swipe the bow hair 3-5 times to re-apply it.

#### **HOW TO USE ROSIN**

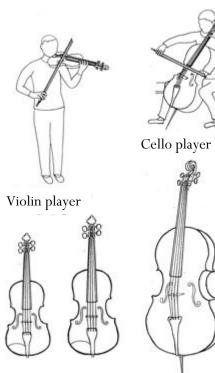
Place the rosin flat on the surface of the bow hair. Oils from your fingers will stop rosin working on the bow so try not to touch the actual hair.

Make steady, slow passes all the way up and all the way down the bow. You shouldn't swipe it too quickly.

Different types of Instruments from the string family



All orchestral string instruments use a bow.



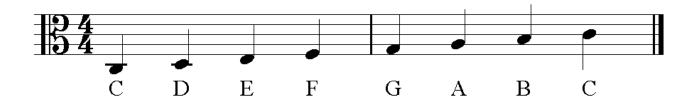


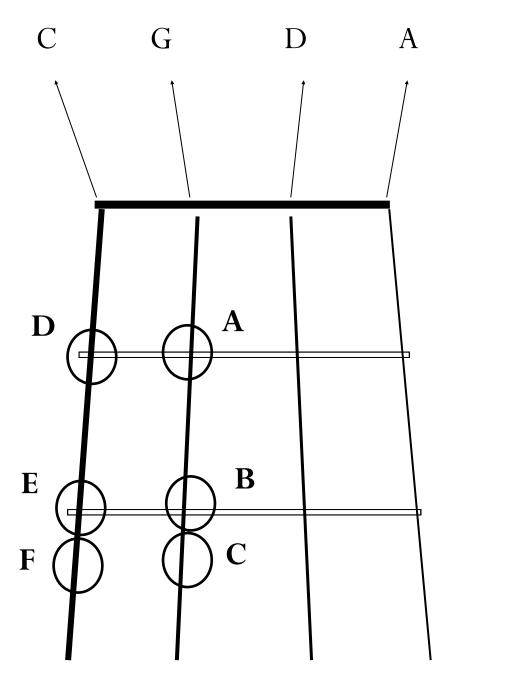
Viola

Cello

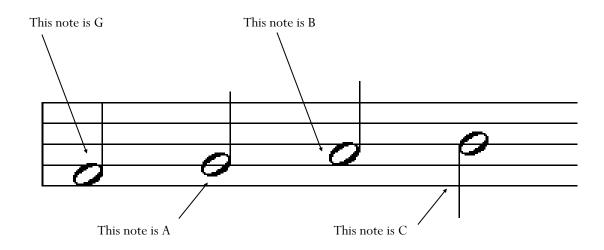
Violin

# More New Notes

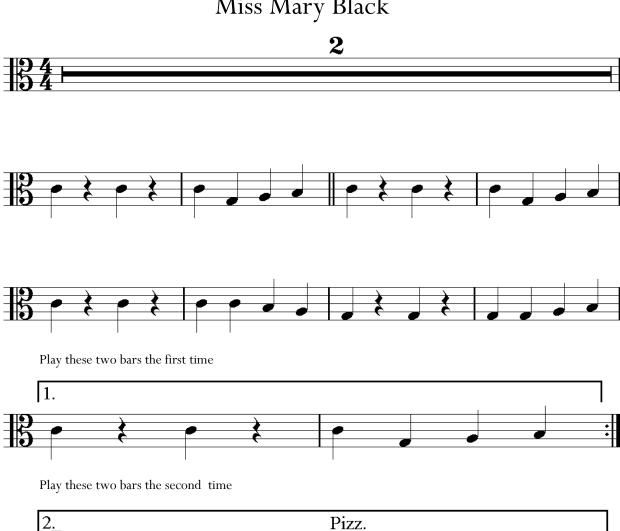




# Notes on the G string



# Miss Mary Black



# **Stomping Dance**

This part uses open strings and first fingers on G and D



This part uses the new notes on the G and the open D string

### **Stomping Dance**



# Bowing on the C String

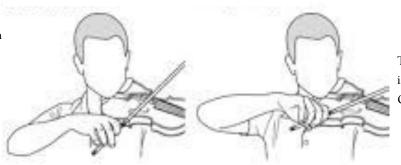
The right elbow is low, almost touching the side of your body, when you are bowing on the E string





The elbow is a little higher when you are bowing on the A string

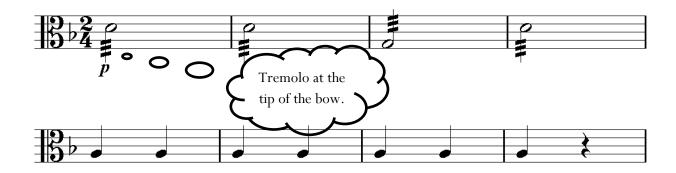
The right elbow and arm are higher still on the D string. They are almost parallel with the floor.



The right elbow is highest on the G string.

#### Kol Dodi

Open strings and first finger







#### Notes on the C string



Arco	12	
Bonjour D string	33	
Bossa Nova	17	
Bow - Accent	32	
Bow - Dots - Staccato	17	
Bow - Little finger	13	
Bow - Thumb	13	
Bow - Tremelo	27	
Bow Hold	57	
Bowing on the C String	62	
Calypso	50 - 51	
Calypso Rhythm	49	
Chicago Lights	39	
Count bars rests	12	
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DEED DE DE	22	
Dory's Reef	23	
Dory's Return	36	
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End of Stage 1	18	
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Jingle Bells	45	
Kol Dodi	62 - 63	
Lament	12	
Ledger Lines - C string	63	
Ledger Lines - A string	24	
Left Hand - finger numbers	22	
Left Hand - finger tips	30	
Left Hand - Glissando (Gliss)	31	
Left Hand - left hand pizzicato		
Left hand - position		
Left Hand - straight wrist		
Left hand - thumb points up		
Left Hand - Tips of the fingers		
Miss Mary Black		
New Notes - on C and G strings	59 58	
5 1000 000 0 000 0 000 000 000 000 000		

New notes - on the D and A strings		21
Notes - E on the D string		22
Notes - B on the A string		24
Notes - C Sharp		31
Notes - D on the A string		35
Notes - F sharp		27
Notes - G on the D string		33
Notes - On the G string		59
Notes - Sharp # sign		27
Notes - What are the strings' names		3
Notes - A on the G string		48
Ode to Joy		54 - 55
Old MacDonald		44
Pizzicato		12
Red Parrot, Green Parrot		29
Repeats		15
Rhythm Passion		26
Running		7
Sailing		16
Seagull		16
Skating		31
Snooze		7
Sparkling Rain		37
St Anthony's Chorale		13
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String Blues		8
String Family instruments		57
String Party		10 - 11
Stroll		6
Tap Dance		25
The Grand of Duke of York		42
The names to use for parts of the viola and bow		5
The Snake		32
Tingalayo		52 - 53
Twinkle, Twinkle		43
Under the Palm Trees		34
Viola position		2
Viola Position - left elbow		30
Viola Position - left elbow		39
Viola position - On the left		2
Viola Position - sponge support		30
Viola Position - Shoulder rest		57
Walk		6
Waves		28
Write your own piece	65	14

# MAY THE

B 8 0 WITH YOU

